



MARK GARCIA
DERMATOLOGY

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CRYOSURGERY WOUND CARE

The use of liquid Nitrogen to “freeze” or treat an area of skin is called cryosurgery. This is considered to be a surgical procedure by your Insurance Company. After liquid Nitrogen is applied or sprayed on an area of the skin it may tingle. This may last up to an hour. You may experience redness, swelling, or possibly a blister. These reactions would all be normal. The type of reaction you experience may be related to the length of time the skin was “sprayed” with the liquid Nitrogen. Some areas of skin on the body are thinner and more sensitive. The reaction in these areas can be more dramatic.

Twenty-four to forty-eight hours following treatment, begin to apply Aquaphor Ointment or Vaseline Petroleum Jelly. These are both over the counter products and do not require a prescription. Apply a thin film to the areas that were “sprayed”. This will help to keep the areas moist and allow them to heal faster. Discontinue use of the ointment when areas are healed. Should you be unable to find the areas that were treated, do not be concerned. This could be a normal response. If the reaction was so light that you are unable to find them, they will not require treatment with ointment. It may take up to 2 weeks for these places to slough off and heal. If there is a residual portion of what was originally treated left after healing, it may require another treatment with liquid Nitrogen. This may be done at the follow up appointment.

Leave blisters intact if possible. The skin and fluid of a blister is “nature’s Band-Aid” and will be reabsorbed in time. Should a blister be in an area where it may be rubbed or scratched off, you may clean a needle in alcohol, slide needle into the base of the blister, and allow blister to drain. Try to leave the skin intact over the blister.

Continue with your normal routine of bathing and showering. Make-up may be applied over the areas if desired. Products containing Alpha Hydroxy Acids may irritate the treated areas. Hold the use of these products for 3-4 days and then resume.

Should problems develop please feel free to call our office at **918-922-9779**.